



The Bell Tower

The Church of the Holy Innocents Newsletter

Volume 11 — Number 3

March 2015

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FROM THE RECTOR

The Rev. Donald Lowery



Operation Starfish

Every year we have a guest speaker from Food for the Poor. This organization is the largest Christian provider of food and development services in the Caribbean basin. The words “food and development” are important. Simply feeding the hungry, absolutely necessary though it is, can create a culture of dependency. The old proverb, which I paraphrase here, “Give people fish, and you feed them for a day, teach them to fish and you feed them for a life time” contains a great truth which Food for the Poor has embraced. They not only work to feed people, they work to provide them with better housing and to teach them skills needed to become self-supporting.

Food for the Poor asked late last year if I would be willing to invite the parish to participate in Operation

Starfish. Using the old fashioned Lenten Mite Box, it asks folks to place spare change in a mite box throughout Lent. On Easter, a basket will be placed in the bell tower where mite boxes can be turned in and the change counted, banked and then a check sent to Food for the Poor. We were recently given a change counting device that separates and feeds the coins into appropriate coin rolls for easy banking. I am asking the youth group to “roll the coins” as an activity on the Sunday after Easter.

Just to give an idea of how some change can make a big difference. A donation of as little as \$7.30 provides nutritious food for two children for a month. A gift of 25.00 provides 20 baby chicks which will grow up to provide eggs for a family to eat and sell for a small income stream. We can help build a house for 100.00. I think it is also fair to ask how much of the money raised actually goes help those in need. Only 5% is spent on administration. The rest goes to projects that directly help people in need both in crisis and in the long haul effort to restore people to self-sufficiency.

Why is it called Operation Starfish? I suspect you have heard one of the variations of the parable. I like this version. A little boy was walking down a beach as the tide went out, placing starfish that were stranded and dying by the retreating tide into the water so they could live. A man walking along the beach saw the child busily rescuing starfish and asked him, “Son, what are you doing?” The little boy replied that he was rescuing starfish by placing them back in the water so they could swim off and live. The man remarked, “Kid there are thousands of starfish stranded on this beach. There is no way you can rescue them all. How can you make a difference? You are wasting your time.” As the boy slipped

... *From the Rector cont. pg. 2 ...*

yet another starfish into the water he replied, "I made a difference to that one."



My brothers and sisters in Christ Jesus, we cannot save the whole world. However, our pocket change may help feed one family and even more, help that family become self-supporting again. We may not rescue the whole world, but we may very well be able to lift one family out of deep poverty. Jesus taught us that when we care for the poor we are caring for Him. We can make a difference this Lent. †

PARISH NEWS...



Lenten Program

The Rev. Donald Lowery

On the five Wednesdays during Lent, Holy Communion will be offered at 5:30 p.m. as has become the custom of our parish. At 6:00 p.m. we will have a series of programs on Church history. If one cannot make communion, it is perfectly acceptable to come to the program. I cannot cover all of Church history in five Wednesdays, so I will offer a look at five important moments in History.

Week One (2/25) – The church is born. The resurrection of Jesus and the Book of Acts.

Week Two (3/4) – A growing but persecuted church. Bishops, emperors and heresy.

Week Three (3/11) – Constantine’s conversion. The church becomes legal, popular and compromised.

Week Four (3/18) – How on earth did the Pope get all that power? And a very brief look at the crusades.

Week Five (3/25) – Reform and the birth of the Church of England, or did King Henry VIII found our church?

We also vary our Sunday Services in Lent. We switch to Rite One, the traditional language service of the

Episcopal Church for all English Sunday services. On the First Sunday of Lent, we sing the Great Litany in procession and on the Second Sunday of Lent we recite the Ten Commandments and pray God’s grace to keep them faithfully. †



The Rev. Donald Lowery



Holy Week begins on March 29 with **Palm Sunday**. Weather permitting, all services will begin in the Memorial Garden with the Blessing of the Palms followed by the traditional procession to the front entrance to the church.

On each day in Holy Week, Community services will be held at First United Methodist Church. Services are at noon and followed by lunch at 12:30 p.m. at our host church. I will preach on Wednesday and the ECW will serve lunch in the FUMC Fellowship Hall. This is a wonderful opportunity to join with fellow Christians in affirming our common faith in Jesus Christ. †



On **Maundy Thursday**, which is April 2nd, we will have the proper liturgy for that day at 7:00 p.m. in the Church.



On **Good Friday**, we will have Stations of the Cross at 3:00 p.m. and the proper liturgy of the day with communion from reserved sacrament at 7:00 p.m.



Easter will be wonderfully busy. The Easter Vigil as **Sunrise Service** is celebrated at **6:00 a.m.** at Old St. John’s in Williamsborough. This colonial church (circa 1773) is our mother church and we return “home” if I may phrase it thus, to celebrate our faith in the Resurrection of our Lord which was passed down to us by ancestors. We will then have three services at Holy Innocents which are:

8:00 a.m. - Holy Communion
10:30 a.m. - Sung Holy Communion

12:30 p.m. - Misa in Spanish. †



The Rev. Donald Lowery

On the first Wednesday in March we will have the Healing Service followed by Lenten Program. On March 11, 18 and 25, we will have Holy Communion followed by Lenten Program. †



The Rev. Donald Lowery

We will have African Team Ministries goods for sale on Sunday, March 8th and March 15th. Every year we receive a consignment of goods from East Africa which we sell in the parish hall. Most of the items are made by African men and women who receive a decent price for the crafts, art and jewelry they make so they can support themselves and their families. The proceeds from the sale support a number of projects to help folks in Africa with a special emphasis on the needs of children, especially those orphaned by the HIV/AIDS epidemic. The goal is not only to house the children but see to it that they receive the education they will need to become faithful, self-supporting adults. †



The Rev. Donald Lowery

You all know the drill. We gather at the Hughes House, decide on a meal and follow that with an activity back at the church. We have been doing "Camp Cinema" lately after supper, so if you have a favorite movie we ought to watch, suggest it and we will add it to our schedule. Good movies are not only fun, they are great discussion starters as we explore how recognize God's presence in our lives and in the world around us. Just as a head's up, we will NOT be having youth group on the afternoon of Easter which is April 5th. I will explain why at youth group. †



Yolanda Yoder

It was a super Souper Bowl !

Thanks to the generosity of the congregation, the youth raised \$202.25 for the ACTS soup kitchen on Souper Bowl Sunday!

Nationally 5,268 organizations raised \$6,895,529 in the 2015 Souper Bowl of Caring.

Check out our Souper bowl profile www.souperbowl.org/profile/1035125 †



Patti Nelson

The Sunday School class meets at 9:30 am on the 2nd and 3rd Sundays of every month. We are using the classroom just beyond the nursery in the preschool wing. Please join us!

For more information contact Patti Nelson at phn1031@gmail.com †



Janet White , Betsy Catlett & Margaret Williamson

Tabitha Guild

We are beginning to knit scarves for the homeless, as well as prayer shawls. We meet at 10:00 a.m. in the Ladies Parlor on the 2nd and 4th Tuesdays of the month. Come join us!



Betsy Seifert, President

The ECW will meet on Tuesday, March 24 at 10:00 a.m. in the Ladies' Parlor. We will be discussing our plans for the lunch we'll be preparing and serving after the Holy Week Community Service at the First United Methodist Church on Wednesday, April 1 at 12:30 p.m.

Please plan to join us ! †



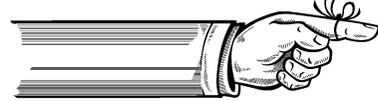
Wolfe Scholarship Committee

Marsha Nelson

Are you interested in applying for a 2015-2016 church scholarship for college? If you are a new applicant, you need to contact Susie Pahl in our church office for an application or you can download the form from our church website. The scholarship link is located under the program tab. If you are currently receiving a Wolfe Scholarship, you will receive a renewal application form via email in April. The renewal form is also available to download from our church website.

Completed applications are due back to the church office by May 1. The Scholarship Committee will meet in mid May to select recipients for next year. †

PRAYER REMINDER



Use this fun family activity to remember to pray for other people.

What you need:

- White index cards (at least six)
- Markers or colored pencils (red, orange, yellow, green, blue and brown)
- M&M's candies

What you do:

1. On each card, write a group of people to pray for (family members, friends, teachers, sick people, etc.). Use a different color of writing utensil for each card.
2. While sitting at a table, divide the M&M's among family members.
3. Spread out the cards and explain that each color represents a group of people to pray for. Have each family member choose one candy and consider who they'll pray for.
4. Designate one person to start praying aloud. Go around the circle, and have the last person close.
5. At the end of that round, eat those M&M's.
6. Continue until you've prayed for all the cards. (Make more, if you'd like!)



CHRISTIAN SYMBOL



St. Patrick used the shamrock to teach people about the Godhead. Holding up a shamrock, he challenged them, "Is this one leaf, or three?" Inevitably, people replied that it was both, prompting St. Patrick to draw the analogy that so, too, is God: one God in three Persons—the Holy Trinity. †



Bible Quiz

Job's "friends" weren't exactly supportive when he experienced great trials. Which of the following lists his friends' names?

- A. A. Zephaniah , Haggai, Zechariah and Malachi
- B. B. Eliphaz, Bildad and Zophar
- C. C. Melchior, Gaspar and Bathasar
- D. D. Philemon and Onesimus

Answer: B (see Job 2:11.)

CHURCH USAGE SCHEDULE

~LOWER HALL~

MONDAY

AA 5:30 to 6:30
 Cub Scout Pack 7:00 to 8:00
 (w/ Tommy)

TUESDAY

AA 5:30 to 6:30
 NA 7:00 to 8:00

WEDNESDAY

NA 7:00 to 8:00

FRIDAY

AA 5:30 to 6:30

SATURDAY

NA Noon

NOTE:

Whenever your email address changes, please be sure to send your new address to the church office so that we can update our records. Thanks!

Note from the Editor...

Marsha Nelson

April



Newsletter items are due:

March 23

Please submit any newsletter items either to the church office or e-mail them to MJNELSON@nc.rr.com

Printed copies of the newsletter are located in the Bell Tower for you if you have problems with email access.

Thanks for your support!

Schedule of Events

Choir Weekly Practice Schedule

Hand Bell Choir — Wed, at 6:00 PM
 Parish Choir — Sun. at 9:30 AM

DAILY MORNING PRAYER

Monday — Thursday (weekly)
 7:30 AM, Ladies Parlor

Sunday – March 1

8:00 AM, Holy Eucharist – Rite I
 10:30 AM, Holy Eucharist – Rite I
 12:30 PM, La Misa Servicio

Wednesday – March 4

5:30 PM, Healing Service/Communion

Thursday – March 5

5:30 PM, Reiki Healing Prayer
 (Ladies Parlor)

Sunday – March 8

8:00 AM, Holy Eucharist – Rite I
 9:30 AM, Children's Sunday School
 10:30 AM, Holy Eucharist – Rite I
 12:30 PM, La Misa Servicio

Tuesday – March 10

10:00 AM, Tabitha Guild (Ladies Parlor)

Wednesday – March 11

3:00 PM, Nursing Home Ministry
 5:30 PM, Communion
 6:00 PM, Lenten Program

Sunday – March 15

8:00 AM, Holy Eucharist – Rite I
 9:30 AM, Children's Sunday School
 10:30 AM, Holy Eucharist – Rite I
 12:30 PM, La Misa Servicio

Wednesday – March 18

5:30 PM, Communion
 6:00 PM, Lenten Program

Sunday – March 22

8:00 AM, Holy Eucharist – Rite I
 10:30 AM, Holy Eucharist – Rite I
 12:30 PM, La Misa Servicio

Tuesday – March 24

10:00 AM, Tabitha Guild (Ladies Parlor)
 ECW

Wednesday – March 25

3:00 PM, Nursing Home Ministry
 5:30 PM, Communion
 6:00 PM, Lenten Program

Sunday – March 29

8:00 AM, Holy Eucharist – Rite I
 10:30 AM, Holy Eucharist – Rite I
 12:30 PM, La Misa Servicio

All services are conducted in the Church, unless otherwise noted.



The Deacon's Bench

by the Rev. Harrel Johnson

This month I am going to do something that I don't usually do for the newsletter. I am going to submit a very brief but profound reflection for Lent that was written by our presiding Bishop. It however struck me as a new way for us to look at this season of Lent. One that I felt compelled to share with you.



"Lent is about to begin. That word in English comes from an Old English word that means "to lengthen," and it's a reminder of the days getting longer as we move toward summer out of the dark of winter.

But in a number of other languages, particularly Spanish and French, the word for "Lent" reflects "forty days," "*cuaresma*." Forty days of wandering in the desert, forty days of Jesus out in the desert.

It's also about a journey. And it's a journey that is about enlightenment if we're willing to think about it that way.

Lent is an ancient tradition of solidarity and preparation for those who look forward to Baptism at the Easter Vigil. It has always been a time for prayer and study, fasting, self-denial, and alms-giving, sharing what we have with those who do not have. Prayer is an opportunity to reflect on who walks with us in the desert, who brings light into the world. Study is an opportunity to do the same kinds of things, looking at the history of our tradition – where have human beings found light and direction in their journey through this world? Fasting and self-denial are an inward reflection on what it is that keeps us in the dark, or what it is that keeps us directionless, or that keeps us overly self-focused. And it becomes an invitation to turn outward and share what we have with those who have not. To build solidarity among God's people and the rest of the earth.

One of the most memorable Ash Wednesdays I ever spent was in San Jose, Costa Rica, in a school for children. I was asked to place ashes on the foreheads of toddlers. It was a provocative experience in the deepest sense, reminding very small children that they are mortal.



That cross that comes on our foreheads on Ash Wednesday is a reminder of the cross that's put there at Baptism. You are sealed by the Holy Spirit in Baptism and marked as Christ's own forever. The cross that comes at Ash Wednesday is a reminder that you are dust and to dust we shall return, that we share that dust with every other human being who has ever walked this planet, that we share that dust with the stars and the planets, that we share that dust with all that has been created. We are made for relationship with creator and creation.

Lent and *cuaresma* is a journey to walk toward that light. May it be a blessed one this year."

The Most Rev. Katharine Jefferts Schori
Presiding Bishop and Primate
The Episcopal Church



Birthdays



Annette Roberson.....	3/01
Mary Beth Parish	3/04
Sarah Rose Parish.....	3/04
John Stevenson	3/04
Mary Ann Hill	3/06
Barbara Madigan.....	3/15
Jeff Floyd.....	3/16
Jordan Williamson	3/22
Mildred Kimball.....	3/23
Luke Stark.....	3/25
William Parish	3/28
Hunter Roberson	3/29
Katie Allegood	3/31
Linda Shaw	3/31

Anniversaries

Mildred & D. Boyd Kimball	3/01
Annette & Tommy Roberson.....	3/26

Remember In Your Prayers

Pray for Healing and Comfort:

Cynthia Shaw, Helen Church Miles, Trayce Wheless, Barbara Collins, Staci Barnett, Harry Collins, Hazel Peck, MaryAnn Hill, Barbara Madigan, Melody Shearin, Carolyn Lowery, Belinda Catlett, Mary Shearin, Meghan Bunn, Laura Peace, Mason Scott, Francis Saunders, Marion Devoe, Vivie Drake, Joy Suther, Peggy Polak, Graham Shearin, Robin Platt, Bill Duff, Tommy Greenway, Ann Pollock Bliss, Lisa Adcock, Marsha Nelson, Barbara Foster, Bobby Moss, Al Thompson, Marshall Cooper, Hannah Youngblood, and Emory Taylor.



Special Dates

- Second Sunday in Lent
March 1, 2015
- World Day of Prayer
March 6, 2015
- Daylight-Saving Time begins
March 8, 2015
- Girl Scout Sunday
March 8, 2015
- Third Sunday in Lent
March 8, 2015
- Fourth Sunday in Lent
March 15, 2015
- First Day of Spring
March 20, 2015
- Fifth Sunday in Lent
March 22, 2015
- Palm/Passion Sunday
March 29, 2015
- Holy Week
March 29-April 4, 2015

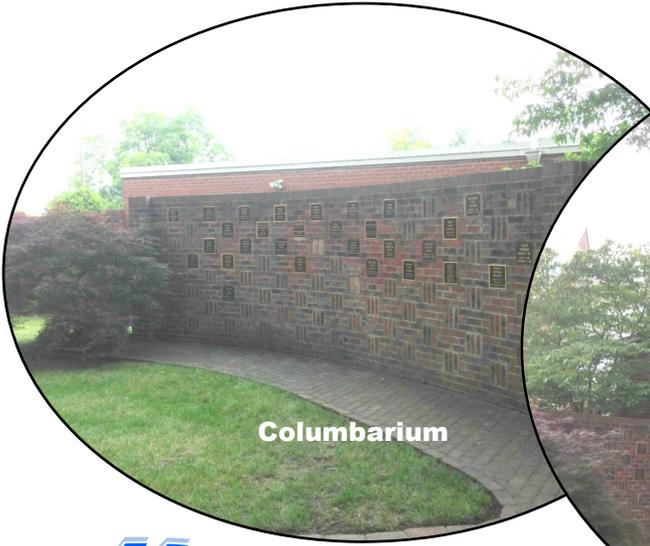


MARCH UNIFIED SERVING SCHEDULE

~ COFFEE WILL BE SERVED IN THE GREAT HALL AFTER THE 10:30 AM SERVICE ~

MAR	BEARERS	ACOLYTES	CRUCITER	LAYREADER/ CHALICE BEARER	USHERS	ALTAR GUILD	VESTRY GREETER
1	Sarah Rose Parish (Book)	Lorena Negron Mary Beth Parish	Genie Parish	8:00am - Lucy Gray 10:30am - Ruth Hartness	Cole Whitt Richard Davis Chick Young Butch Gray	Shirley Young	Tom Church
8	Anne Presho (Book)	Jason Elliott Amber Presho	Lehman Ford	8:00am - Rick Palamar 10:30am - Nancy Whitt	Cole Whitt Richard Davis Chick Young Butch Gray	Shirley Young	Al Stainback
15	Misty Holloway (Book)	Ethan Holloway Juliana Negron	AJ Holloway	8:00am - Steve Flannagan 10:30am - Richard Davis	Cole Whitt Richard Davis Chick Young Butch Gray	Mariana Davis	Porter Shaw
22	Liz Presho (Book)	Brennan Olmert Tucker Olmert	Uriah Ford	8:00am - Bob Nelson 10:30 am - Nick Long	Cole Whitt Richard Davis Chick Young Butch Gray	Mariana Davis	Craig Clodfelter
PALM SUNDAY							
29	LC Olmert (Book)	Sarah Rose Parish Mary Beth Parish	Genie Parish	8:00am - Hut Wester 10:30am - Tom Church	Cole Whitt Richard Davis Chick Young Butch Gray	Shirley Young	Ruth Hartness

NOTE: IF YOU ARE SCHEDULED TO LAYREAD AND HAVE A CONFLICT, PLEASE CONTACT YOUR OWN REPLACEMENT AND NOTIFY THE CHURCH OFFICE.



Columbarium



Inside Garden

Memorial Garden & Davis Courtyard



Memorial Garden Entrance



Fountain

Celtic Cross



Street Side Entrance



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E-MAIL: hinnocents@centurylink.net

THE CHURCH OF THE HOLY INNOCENTS
210 South Chestnut Street
Henderson, NC 27536



The Church of the Holy Innocents



**All are welcome to join us as
we joyfully greet each person present at our worship.
May our love and respect for one another be
steady and true as we strive to follow Christ our Lord.**